Parks & Recreation Henry County Program Guide

Program Guide Summer 2014



A MESSAGE FROM THE DIRECTOR

Dear Fellow Citizens:

The Philpott Marina is open and available for the public to enjoy. The store has a wide variety of candy, snacks, Pepsi and Coke products, ice cream, camping and fishing supplies, bagged ice, non-ethanol fuel and many other items. The store will generally be open from 7:30am until dusk, seven days a week.

All boat slips at the marina are currently rented. A waiting list has been started for anyone interested in any future slip openings that we may have. If you think you might be interested in renting a slip, contact our office and ask to be placed on the waiting list. Getting on the waiting list does not commit you to renting a slip, but those on the list will have first choice on any future available slips.

I would like to invite everyone out to the 7th Annual Smith River Fest that will be held on Saturday, August 9 at the Smith River Sports Complex. Smith River Fest is a celebration of the Smith River and outdoor recreation. Activities include a river boat race, mud run, live music, petting zoo, rock climbing wall, food and arts and crafts vendors.

Thank you for your interest in Henry County Parks & Recreation, and have fun!

Sincerely, Roger Adams, CPRP

OFFICE INFORMATION

Henry County Parks & Recreation Office Information

Henry County Parks & Recreation is a member of the Virginia Recreation and Park Society (VRPS) and the National Recreation and Park Association (NRPA). Henry County Parks and Recreation may be contacted, Monday - Friday 8:00am - 5:00pm at:

PO Box 7 ● Collinsville, VA 24078

Phone: 276.634.4640 ● Fax: 276.634.4637 ● email: radams@co.henry.va.us

HENRY COUNTY PARKS & RECREATION STAFF

Roger Adams, CPRP

Melissa Puckett Senior Services Coordinator William Flippen, CPSI Parks Maintenance Supervisor Tim Luther
Parks Maintenance Staff

Andy Mabe, CPRP
Recreation Programmer

Renee Wood

Chad Turner
Parks Maintenance Staff

Ben Luther

Parks Maintenance Staff

Officiating Opportunities

Henry County Parks and Recreation is seeking individuals to work as officials in our Youth and Adult Sports Programs. Sports include Baseball, Softball, Flag Football, Tackle Football, and Girl's and Boy's Basketball.

The pay and hours vary with each sport. Contact our office for additional information.

TRIPS/SPORTS EVENTS

CARTER FAMILY FOLD VIRGINIA HIGHLANDS FESTIVAL

Join us on Saturday-Sunday, August 9-10, 2014, as we travel the Carter Family Fold, Hiltons, VA, and to the Virginia Highlands Festival, Abingdon, VA, DAY 1: We will stop at the Draper Mercantile and Trading Company. This serves as a showplace for regional arts, crafts and music. We stop in Historic Abingdon, VA, for the Virginia Highlands Festival. Enjoy the arts, crafts, skills and music of the region and USA. We listen to old-time country music this evening at The Carter Family Fold, Hiltons, VA. Amuseum on site honors the memory of the first family of country music, the legendary Carter Family (A.P. Carter, Sara Carter and Maybelle Carter), whose first recordings (in 1927) are credited with giving birth to the commercial country music industry. A.P.'s cabin is also there to tour. DAY 2: We visit Bristol, TN-VA, and see the location where the Carter Family got their start. We will take you by the Tennessee Ernie Ford homeplace and by where he went to church. We will tour the Mountain Music Museum and learn more about the birthplace of Country Music as we see exhibits of The Stoneman Family, Jimmie Rodgers, The Carter Family and others.

Date/Time: August 9th - 10th, 2014
Location: Hiltons, VA & Abingdon, VA
Cost: Single Occupancy: \$279/ per person

Single Occupancy: \$279/ per person Double Occupancy: \$229/ per person Triple Occupancy: \$224/ per person Quad Occupancy: \$219/ per person

MYSTERY TRAIN TRIP

Join us on Saturday, May 31, 2014, as we travel on our Mystery Train Trip. Are you ready? Today we will travel someplace we have never been. Will it be North, South, East or West - come with us and see. It will be a fun time for everyone. Lunch is included. We will see some sights and travel aboard a climate controlled train.

Date/Time: May 31, 2014 Cost: \$99 per person



LABOR DAY WEEKEND IN NEW YORK CITY

Join us as we travel to New York City, Labor Day weekend, Saturday-Monday, August 30 - September 1, 2014. DAY 1: We will visit Central Park and Times Square. DAY 2: We visit the Empire State Building Observatory to see the city from a magnificent viewpoint. We will visit Rockefeller Plaza. You can visit Saint Patrick's Cathedral, the NBC Store and see Radio City Music Hall. We visit Grand Central Terminal, 9/11 Memorial and China Town. DAY 3: We will take the ferry over to see the Statue of Liberty.

Date/Time: August 30th - September 1, 2014

Location: New York City
Cost: Single Occupa

Single Occupancy: \$499/ per person Double Occupancy: \$399/ per person Triple Occupancy: \$389/ per person Quad Occupancy: \$379/ per person

TANGIER ISLAND & VIRGINIA STATE CAPITOL

Join us on Saturday-Sunday, June 21-22, 2014, as we travel to Richmond and Tangier Island. DAY 1: We travel to our state capitol, Richmond, VA. You will have a guided tour of the renovated state capitol building. We will visit Monument Avenue and take you to see Virginia's Five-Star historic hotel, The Jefferson. During the evening, you may relax or go with us to Short Pump Mall. DAY 2: This morning, we travel to Reedville, VA, for a relaxing 1.5 hour narrated cruise on the scenic Chesapeake Bay to remote Tangier Island. Tangier is a largely unspoiled fishing village with it's quaint narrow streets. Although modernization has come to the Island, it has not lost it's charm. The people of Tangier are warm, friendly and proud of their Island. They speak with a lingering trace of Elizabethian accent. You will enjoy a family style meal at the famous Chesapeake House and have an opportunity to walk around the island.

Date/Time: Location: Cost: June 21st - 22nd, 2014 Richmond, VA & Tangier Island Single Occupancy: \$299/ per person Double Occupancy: \$259/ per person Triple Occupancy: \$254/ per person Quad Occupancy: \$249/ per person

SENIOR TRAVEL CLUB

BARTER THEATRE

Join Henry County Parks & Recreation for a trip to the Barter Theatre in Abingdon, Virginia on Tuesday, August 19th to see the matinee performance of Ring of Fire: The Music of Johnny Cash. Motorcoach transportation, lunch at the Martha Washington Inn and performance at the Barter Theatre are included. Pre-registration for the trip is required by calling 634.4644 and payment for the trip is due July 2, 2014.

Date/Time: Tuesday, August 19, 2014 Location: Barter Theatre in Abingdon, VA

Cost: \$108 per person

DIRTY DANCING AT THE DURHAM PERFORMING ART CENTER

Henry County Parks & Recreation will sponsor an evening trip to the Durham Performing Arts Center to see Dirty Dancing on Thursday, September 18th. The trip includes round trip motorcoach transportation, performance at the Durham Performing Arts Center and dinner in Durham.

Date/Time: Thursday, September 18, 2014
Location: Durham Performing Arts Center in Durham NC

Cost: \$127 per person



"Like" us to get news on upcoming programs, athletics, classes, special events and trips.

Philpott Marina, store, campground and fueling station is now open. The hours will be 7:30am until dusk. You can contact the store directly at (276) 340-0485.

SPECIAL EVENTS & ACTIVITIES

HERSHEY TRACK & FIELD EVENT

Henry County Parks & Recreation will host the local Hershey Track & Field Meet for boys and girls ages 9-14 (age as of Dec. 31, 2014). Children can participate in a variety of events including: 50m dash, 100m dash, 200m dash, 400m dash, 800m dash, 1600m run, standing long jump and softball throw

Date/Time: Monday, May 5th • 5:30pm

Rain Date: Monday, May 12th • 5:30pm

Location: Laurel Park Middle School

Cost:

KIDS FISHING DAY

Henry County Parks & Recreation, Martinsville Parks & Recreation and Martinsville Senior Services will be sponsoring a Fishing Clinic for children 7 - 14 years of age. This multi-generational event links youth with experienced anglers to introduce them to a sport that can be enjoyed for the rest of their lives. Pre-registration is required and limited to the first 75 participants. Fishing poles are provided.

Date/Time: Saturday, June 7th • 9:00am - 11:30am

Beaver Creek Reservoir Location:

FREE Cost:

CHALK IT UP

National Sidewalk Chalk Arts Competition highlights July as National Parks and Recreation Month. Chalk is provided for individuals and teams to be creative along the .6 mile walking track at Jack Dalton Park. All participants receive awards.

Thursday, July 10th • 6:00pm Date/Time:

Location: Jack Dalton Park

FREE Cost:

SENIOR TACKLE FOOTBALL TRYOUT

The Henry County Parks & Recreation Senior Tackle Football Program is available for boys and girls going into the 6th, 7th and 8th grade for the 2014 - 2015 year. Tryouts will be conducted at LPMS and FCMS on August 18th, 19th and 20th from 6:00 pm - 7:30 pm. Please call 634.4645 to learn more about Senior Tackle Football tryouts.

KIDS GEOCACHING DAY

Geocaching is an outdoor scavenger hunt that consists of searching for objects hidden by other players using a Global Positioning System (GPS). Participants will travel around Henry County in search of caches that are hidden from plain sight and must be found by using a GPS. Join Henry County Parks and Recreation as we search for hidden caches in our area. Call 634.4645 to find out more about geocaching or to register for this scavenger hunt day. There is a maximum of 10 participants for this event. Participants must preregister with Henry County Parks and Recreation.

Friday, July 18th • 9:00am - 12:00pm Date/Time: Location:

Cost: \$5

Henry County Administration Building

KIDS MOVIE DAY AT MOVIE TOWN

Join Henry County Parks and Recreation and Movie Town for kid's movie days. Participants will get to watch a surprise movie at a discounted price. Popcorn, other snacks and refreshments will be sold. Call 634.4645 to see what movie will be showing each week. Participants must preregister with Henry County Parks and Recreation each week for the movie.

Date/Time: Thursdays, June12th - July 17th

Location: Movie Town Theatre

Cost:

(includes movie, popcorn and a drink)

ASSES & WORKSHOP

ROCKET BUILDING CLASS

Join Henry County Parks and Recreation for a rocket building class on July 25th. Participants will make and blast off their very own rocket from Jack Dalton Park. Contact Henry County Parks and Recreation at 634.4640 to register. Preregistration is required to attend the class.

July 25th • 10:00am - 11:30am Date/Time: Location: Jack Dalton Park Picnic Shelter

Cost: \$10

DOOR ROOM COOKING

Getting ready to pack up and move away from your mother's kitchen? What are you going to eat? Do you know how to cook? What will you have to cook on? Will I need to pack a pot holder? To get the answers to these guestions and many more come to the Virginia Cooperative Extension kitchen to learn how to cook in a microwave and a toaster oven while eating healthy. This class is for participants ages 18 - 21. Call Henry County Parks and Recreation at 634.4640 to register. Pre-registration is required.

July 28th - 31st • 10:00am - 11:30am Date/Time: Location: Henry County Administration Building

Cost: \$10

KID'S FUN FLOAT CANOE DAY

Join Martinsville Parks and Recreation and Henry County Parks and Recreation as we host a Kid's Fun Float Canoe Day on the Martinsville Reservoir. This class is limited to 10 participants. Pre-registration is required.

Date/Time: Wednesday, July 16th • 10:00am - 11:30am

Location: Martinsville Reservoir

Cost:

TIE DYE DAY

Join Henry County Parks and Recreation as we offer a children's tie dye class at Jack Dalton Park. Participants will need to bring their own white t-shirt to tie dye. This event is for children ages 5-14 years of age. Please call 634.4640 to register for this class.

Date/Time: Friday, June 27th • 10:00am - 11:00am Location: Jack Dalton Park Picnic Shelter

\$5 Cost:

CHILDREN'S CRAFT CLASS

Join Henry County Parks and Recreation as we offer a craft class at the Henry County Administration Building. Participants will make and take home a new craft. This class is limited to 10 children. Please call 634.4640 to register for this class

Date/Time: Fridays, June 20th & July 18th

3:00pm - 4:00pm

Henry County Administration Building Location:

Cost:

BASIC SEWING CLASS

This class introduces beginners to the basics of sewing: sewing terms, using the sewing machine, selecting fabric, reading a pattern envelope, layout fabric and pattern, marking and cutting fabric. Learn how to interpret the pattern directions and sew each piece together. Participants must bring their own sewing machine to class. Call Henry County Parks and Recreation at 634.4645 for questions or to learn how to register.

Date/Time: Tuesdays, June 3rd, 10th, 17th

5:30pm - 8:30pm

Location: Henry County Administration Building

Cost:

FIRST AID / CPR / AED CERTIFICATION

Join the Henry County Public Safety Department and Henry County Parks and Recreation for a First Aid / CPR Training course. Participants receive a certification from the American Heart Association after completing the class. Call Henry County Parks and Recreation at 634.4640 for more information or to learn how to register for a training class.

Date/Time: Tuesday, June 10th • 5:30pm - 9:30pm Location: Henry County Administration Building

Cost: \$50

BASIC CAR MAINTENANCE

Join Henry County Parks and Recreation and Auto Tech in Martinsville for a crash course in basic car maintenance. Participants will learn how to check and change their oil, check spark plugs, rotate their tires, check car fluids, and more. Call Henry County Parks and Recreation at 634.4640 for more information or to learn how to register.

Date/Time: Thursday, June 5th • 5:30pm - 6:30pm

Location: Auto Tech in Martinsville, VA

Cost: \$15

DENTAL ASSISTANT PROGRAM

The 60 hour Dental Assisting Program prepares students for entry level positions in one of the fastest growing health care positions - Dental Assisting. The purpose of this course is to familiarize the student with all areas of pre-clinical dental assisting and provide training in the professional skills required to function as an assistant in the dental practice. This course covers the following key areas and topics - Administrative Aspects include: the history of dentistry and dental assisting; introduction to the dental office; the legal aspects of dentistry; policies and guidelines. Clinical Aspects include: introduction to oral anatomy: dental operatory: dental equipment, introduction to tooth structure: primary and permanent teeth; the oral cavity and related structures; proper patient positioning; dental hand-pieces; sterilization; and other areas. In addition to entry-level administrative jobs, this course is ideal for students interested in pursuing a future formal Dental Hygienist program.

Mondays & Wednesdays, June 23rd - August 18th Date/Time:

6:00pm - 9:30pm

Location: Henry County Administration Building

\$1,199 (textbooks included) Cost:

NEW ONLINE E-LEARNING HEALTHCARE COURSES!

Henry County Parks and Recreation announces the availability of our online e-learning healthcare courses from Health Ed Today. These courses are highly interactive and provide students with an enriched learning experience. Each course includes: 24 hour a day instructor support & course mentors; engaging labs, student exercises and course videos; all textbooks, workbooks and student materials; a new "Secure Student Website" - including career resources & other training.

These exciting courses include:

- Pharmacy Technician
- Clinical Medical Assistant
- Dental Assisting
- · Phlebotomy Technician
- EKG Technician Medical Billing and Coding
- And many more classes!

MOVIE IN THE PARK

Come out to Jack Dalton Park and watch a movie under the stars each month during the Summer (June, July & August). The best part about it is it's FREE!! Each month a recent hit movie will be shown on a 20 foot by 10 foot screen. Popcorn and other refreshments will be sold. This event is sponsored by Henry County Parks & Recreation, Movie Town and Woodall's Music.

June 13th, July 11th, August 8th 9:00pm • Jack Dalton Park **FREE**

CAMPS

BEGINNER YOUTH TENNIS CAMP

This camp is an excellent choice for children that have had limited exposure to the game of tennis. Children will learn the rules of tennis and the fundamental skills including: serves, ground strokes and volleys. Each participant will receive a camp t-shirt.

Date/Time: June 23rd - 26th • 9:00am-11:00am Location: Collinsville Jaycee Park Tennis Courts

Cost: \$30

INTERMEDIATE YOUTH TENNIS CAMP

This camp is for children that have had some experience playing tennis and/or have taken the Beginner Youth Tennis Camp in previous years. The instructor will work on developing all aspects of each player's game. Each participant will receive a camp t-shirt.

Date/Time: July 14th - 17th • 9:00am - 11:00am
Location: Collinsville Jaycee Park Tennis Courts

Cost: \$30

START SMART BASEBALL

Start Smart Baseball is a fun instructional program for children ages 4-6. This program teaches children a variety of baseball skills including: throwing, catching, batting and running/agility and prepares them for organized baseball/softball in a fun, non-threatening environment. Each child will receive equipment to keep.

Date/Time: Mondays, June 23rd - July 21st

6:00pm-6:50pm Location: Collinsville YMCA

Cost: \$35

BASKETBALL CAMP

This camp will focus on individual skill development, games, and competitions and will be taught by high school/college coaches and current/former college basketball players. This is a great way to improve your basketball skills and not have to travel out of Henry County/Martinsville. This camp is open to everyone ages 6 -15. For more information or to register your child please contact 634.4645.

Date/Time: July 21st - 25th • 9:00am-12:00pm

Location: Bassett High School
Cost: \$50 (includes camp t-shirt)

BOWLING CAMP

Sportlanes, Henry County Parks & Recreation and Martinsville Parks & Recreation will host two summer bowling camps for children ages 7-16. Participants will get hands-on instruction and learn different techinques each day along with a chance to bowl a couple of games. Space is limited so please sign up today!

Date/Time: Camp I: Ages 7-12 / June 23rd - 27th OR

Camp II: Ages 11-16 / July 21st - 25th

2:00pm – 4:00pm

Location: Sportlanes; Martinsville, VA

Cost: \$25 per camp (checks made payable to Sportlanes)

START SMART BOWLING

Join Sportlanes and Henry County Parks and Recreation for an introductory camp that teaches children the fundamentals of bowling. Participants will learn and develop all aspects of their bowling game. This program is for children ages 6-9. The program will go for 5 straight weeks.

Date/Time: Camp I: Fridays, May 9th - June 6th

Camp II: Fridays, June 27th - July 25th

6:00pm - 7:00pm

Location: Sportlanes; Martinsville, VA

Cost: \$25 per camp

GOLF CAMP I & II

This camp is designed for children ages 7-12 with little or no prior golf experience. Participants will receive basic introduction to the sport. In addition to swing fundamentals, participants are taught about the rules and etiquette of the game and about course maintenance. You do not have to have golf clubs to participate, Parks and Recreation will provide all equipment! Space is limited to 12 children per camp so please sign up immediately!

Date/Time: Camp I: Mondays, June 16th - July 14th

9:00am - 11:00am

Camp II: Monday, August 4th • 9:00am - 1:00pm

Location: Bassett Country Club
Cost: Camp I: \$30 and Camp II: \$25
(lunch provided for Camp II)

SHORT SPORTS

Short Sports is a program geared towards 3-6 year old children who want to start learning the basic motor skills to basketball, baseball, soccer, golf, tennis and football. This class will meet on five straight Wednesdays from 5:00pm – 5:45pm. Each week a different sport will be taught. This is a great program to introduce your child to a variety of sports and also prepare your child for organized sports. Parents must be present and will be working with their children on assigned tasks. These classes are sponsored and taught by Henry County Parks & Recreation and Martinsville Parks & Recreation.

Date/Time: Wednesdays, May 28th - June 25th

6:00pm-6:45pm Location: Collinsville YMCA

Cost: \$10

KIDS IN THE KITCHEN

Come explore nutrition and cooking with the Virginia Cooperative Extension. We will explore ways for you to make smart choices when it comes to eating at home and out. Participants will also learn how to prepare easy, home-cooked meals. Exercise will also be incorporated into the class. Call Henry County Parks and Recreation at 634.4640 to register for this class.

Date/Time: July 7th - July 9th • 9:00am - 11:00am Location: Henry County Administration Building

Cost: \$10

CUPCAKE CAMP

Join Henry County Parks and Recreation and the Virginia Cooperative Extension as we create, decorate, and eat our very own cupcakes. Call Henry County Parks and Recreation at 634.4640 to register for this camp. Pre-registration is required to attend the

Date/Time: July 24th • 9:00am - 11:00am Location: Henry County Administration Building

Cost: \$10

ART CAMP

Join Henry County Parks & Recreation for a fun-filled week of introductory art lessons. This camp is for children ages 8-13. Children will participate in still life drawings, paintings, cartoons, abstract paintings and other forms of art. This camp is limited to 15 participants. Participants must pre-register for the camp.

Date/Time: June 9th-12th 9:00am - 11:00am

Location: Henry County Administration Building

ost: \$35

GROUP FISHING POLE LOANER PROGRAM

In conjunction with the Virginia Department of Game and Inland Fisheries, Henry County Parks and Recreaton is offering a Fishing Pole Loaner Program. Interested persons should call 634.4645 to reserve or learn more about our Group Fishing Pole Loaner Program. This program is free.

FITNESS & SPORT

ADULT TENNIS PICK-UP NIGHTS

Get your friends together and come out to the newly painted Jaycee Park Tennis Courts for Adult Pick-Up Nights. Come out and play your favorite sport on Tuesdays and Thursdays every week throughout the summer! Games will be self officiated. Call Henry County Parks and Recreation at 634.4640 for more information.

Date/Time: Tuesdays - Adult Singles Matches

Thursdays - Adult Doubles Matches
Location: Collinsville Jaycee Park Tennis Courts

Cost: Free

ADULT CO-ED SAND VOLLEYBALL LEAGUE

NEW! Henry County Parks and Recreation introduces a Co-Ed Sand Volleyball League at Jack Dalton Park through the months of June - August.

Date/Time: Tuesdays & Thursdays

6:00pm - 8:00pm

Location: Jack Dalton Park Sand Court

Cost: \$5

MARTINSVILLE MUSTANGS TRAINING ACADEMY

Join the Martinsville Mustangs as they provide two week long camps for children ages 6 - 13 to learn basic fundamentals and techniques for baseball. Campers will receive instruction in hitting, fielding, pitching, catching and throwing. Basic and advanced position play as well as situational instruction will be provided. The Martinsville Mustang's coaching staff and players will be present to give hands-on instructions and techniques. Pre-registration is required.

Date/Time: Camp I:June 9-13 OR Camp II: July 28-August 1

9:00am - 12:00pm Hooker Field

Cost: \$100 (includes tickets to home game, a lunch,

and drink on Fridays of camp)

SOUTHSIDE LACROSSE CLUB

Location:

Henry County Parks and Recreation is partnering with the Smith River Sports Complex to start youth lacrosse in Southside Virginia. The program is currently in the planning and fundraising stages with hopes to begin operation by the end of 2014, beginning of 2015. If you are interested in possibly playing, coaching or just learning about the sport please make plans to come to the following FREE informational sessions where the rules of the game will be discussed and basic skills will be taught

In conjunction with the Hammerhead Frenzy Youth Lacrosse Tournament Player/Parent Information Session -Saturday, May 31st at 10:00 AM at SRSC

Lacrosse Basic Skills and Rules Clinic - Saturday, May 31st at 11:00am at SRSC

In conjunction with the Cardinal Cup Youth Lacrosse Tournament Player/Parent Information Session - Saturday, June 28th at 10:00 AM at SRSC

Lacrosse Basic Skills and Rules Clinic - Saturday, June 28th at 11:00 AM at SRSC

For more information on the Southside Lacrosse Club contact Billy Russo @ 638.5200 ext. 3 or at brusso@smithriversportscomplex.com.

CLUBS

SMITH RIVER VALLEY CANOE CLUB - SRVCC

Date/Time: Third Tuesday, Monthly, 7:30pm

Club meets to promote the year round sport of canoeing/kayaking. Information on equipment, skills, and river destinations. Rolling sessions held weekly. Contact: BR Bryant 638.4306 or email: creekr@webtv.net. The canoe club webpage is www.groups.yahoo.com/group/srvcc.

PATRICK HENRY PATRIOT RC CLUB

Date/Time: Second Tuesday, Monthly, 7:00pm

Radio Control Model Aviators meet monthly to promote and encourage the Radio Control Model Aviation hobby. During warm weather months the club meets at PATRIOT R/C FIELD located just beyond the Convenience Center on Jack Dalton Road. New members are always welcome! Visit the Patriot Website: www.phprc.net. Location: Henry County Administration Bldg. and the Patriot Flying Field. Cost: see members.

HENRY COUNTY PHOTOGRAPHY CLUB

Date/Time: First Monday, Monthly, 7:00pm

Local photographers from novice to professional, meet for open discussion about photography. Please bring your camera and/or photographs to share with the group. Check out their website at www.hcproamphoto.org. Cost: Free. Location: Henry County Admin. Building.

BIKE CLUB

Date/Time: Varies

Our Bike Club is open to participants of all ages and skill levels. Weekly rides and monthly meetings vary, see website for more details. For more information, please call 634.4645 or go to http://henrycountybikeclub.org to join the club. Cost: No Fees.

BLUE RIDGE SKI AND OUTING CLUB

Date/Time: Call for meeting information

The BRSOC meets monthly to promote getting active outside. Members enjoy a wide variety of activities together, including hiking, canoeing, kayaking, biking, traveling, wake boarding, picnicking, bowling, and snowboarding. Call Bren Perkins, Public Relations Director at (434) 251.8984, Ext. 148 for information or visit the website at (www.BRSOC.org). Call for pricing information.

SENIOR TRANSPORTATION

Henry County Parks and Recreation provides transportation services to senior citizens, particularly those who reside in rural areas, that are residents of Henry County and are 60 years of age and older. Preference is given to elderly, transportation disadvantaged and disabled. Contributions are accepted. For a ride, call 634.4644.

Regular Transportation Schedule

Monday - Tuesday - Senior Nutrition Sites

Monday - Friday - Demand Response

SENIOR NUTRITION SITES

Join us for entertainment, socializing and a good hot lunch. This program is for seniors 60 years of age and older and all income levels. Come join the fun, food and fellowship. If you are interested in attending, please call 634.4644.

Mondays, 11:00am - 1:00pm Date/Time: Location: Moral Hill Missionary Baptist Church in the fellowship hall Cost Suggested donation

Date/Time: Tuesdays, 11:00am - 1:00pm Location: John D. Bassett High School Building 3289 Riverside Drive, Bassett, VA

Cost: Suggested donation

"SENIOR LINK"

This quarterly publication contains the most recent up to date information regarding senior citizen activities and programs available to seniors in the Henry County area. Any senior adult interested in receiving the Senior Link by email or mail, please call Lois at 634.4644.

BREAKFAST CLUB

The Breakfast Club is open to all adults age 50 and above. The Breakfast Club is designed to be a fun and socially interactive way to meet people and enjoy breakfast in a nice atmosphere.

4th Tuesday of each month, 8:30am Date/Time:

May 27 Clarence's Steak & Seafood 6636 Greensboro Road, Ridgeway, VA

June 24 Dutch Inn Hotel & Restaurant

2360 Virginia Avenue, Collinsville, VA

Sirloin House July 22

530 Commonwealth Blvd., Martinsville, VA

Fieldale Café August 26

63 Marshall Way, Fieldale, VA Individual is responsible for Cost

cost of breakfast

BRIDGE CLUB

The Bridge Club is open to all adults age 50 and above. Bridge is designed to be a fun and socially interactive way for seniors to enjoy playing cards. Those beginners who know how to play as well as experienced Bridge players are welcome. For additional information, please call 634.4644. (To ensure no one goes away without playing, please plan ahead to have four people play at your table.)

Date/Time: 1st & 3rd Thurs. of each month • 12:30pm Location: Henry County Admin. Bldg. Room #1

Cost: **Donation**

IPHONES, IPADS, AND ANDROID DEVICES -TECHNOLOGY ON THE MOVE

Do you have an Ipad, Iphone, or Android device? Are you familiar with Facebook, Twitter and Instagram? Join Henry County Parks & Recreation and the Virginia Cooperative Extension Office for a class on how to use these devices. Please be sure to bring your device to class with you and or let us know if you need to borrow one while in class. Questions regarding these devices are welcome. Please call Henry County Parks & Recreation at 634.4644 to register as space is limited.

Date/Time: Monday, July 7 • 9:00am - 11:00am Location: Henry County Admin. Bldg. Room #2

Cost:

OUT-TO-LUNCH BUNCH

The Out-To-Lunch Bunch is open to all adults age 50 and above. Join us at a local restaurant for lunch. Everyone is welcome.

Date/Time: 3rd Tuesday of each month • 1:00pm Dutch Inn Hotel & Restaurant May 20 2360 Virginia Avenue, Collinsville, VA June 17 Clarence's Steakhouse & Seafood 6636 Greensboro Road, Ridgeway, VA

July 15 Captain Tom's

2615 Greensboro Road, Martinsville, VA

August 19 Wild Magnolia

Cost:

730 East Church Street, Martinsville, VA Individual is responsible

for cost of lunch

VEGETABLE ART WORKSHOP

When you have been asked to bring the vegetable tray to the next family reunion, but do not feel like taking the same old pre-packaged baby carrots and broccoli, we are here to help make your vegetable tray a one of a kind. We have got ideas for everyone. We will provide you with some very simple skills and techniques that will enable you to make incredible and awesome vegetable decorations that everyone will love to dip. Please pre-register with the Henry County/Martinsville Virginia Cooperative Extension Office at 634.4650 by August 1. Please make checks payable to: Henry/Martinsville VCE.

Date/Time: August 12 • 10:00am - 12noon Location: Henry County Admin, Bldg. Rm #2 3300 Kings Mtn. Rd, Martinsville, VA

Cost:

BEGINNING COMPUTER CLASS

It is never too late to learn the basics of using a computer. The Collinsville Branch Library, in conjunction with Henry County Parks & Recreation, will sponsor a Beginning Computer Class for seniors on Wednesdays starting May 14th for six weeks. The class will start at 5:00 pm and last about an hour. This introductory class is basic instruction on how to use a computer and designed for those seniors who are not familiar with how to use a computer. You must preregister by calling 634.4644 as space is limited to 11 participants. Since the class will be held after the library closes, we ask that you arrive before 5:00 pm.

Date/Time: Wednesdays starting May 14th for 6 weeks

Location: Collinsville Branch Library

2540 Virginia Ave., Collinsville, VA

Cost:

BOOK BINGO

Henry County Parks & Recreation and the Collinsville Branch Library will sponsor Book Bingo for adults 50 years of age and older. If you are interested in learning about great books, winning prizes and light refreshments, this is the activity for you. For additional information please call 634.4644.

Date/Time: June 24 and August 26 • 1:30pm-3:00pm

Location: Collinsville Branch Library

2540 Virginia Avenue, Collinsville, VA FREE / Donations of books accepted Cost:

ANNUAL HEALTH FAIR & CRAFT SHOW

Henry County Parks & Recreation and the Martinsville Senior Center will sponsor the Annual Senior Health Fair & Craft Show on Thursday, May 8, 2014. The event will be held at Lancer Hall located on Rt. 58 East from 8a.m.-12p.m. with lunch being served at 12:00 noon. Corporate contributors to fund the event are: Collins-McKee-Stone Funeral Homes, Memorial Hospital of Martinsville & Henry County, Roselawn Funeral Services, Roselawn Burial Park/Henry Memorial Park, River Community Bank, Team Nurse and PrivaCare.

The Memorial Hospital of Martinsville & Henry County will be available from 8:00 am to 11:30 am to provide the following clinical tests: DS3 (Lipid Panel, CBC & Glucose) for \$26.00, TSH (thyroid screening) for \$15.00, and a Prostate Specific Antigen Screening \$16.00. Ashbrook Audiology will do free hearing screenings for individuals. Additional screenings will include:

Team Nurse - Blood Pressure Screening Amedisys Home Health - Blood Pressure Screening Piedmont Community Services Board - Depression Screening Wal-Mart Vision Center - Vision Screening Oral Cancer Screening - Dr. Craig Dietrich, D.M.D.

Human resource providers will display information regarding their services and entertainment will be provided. Seniors may also display or sell crafts by contacting the Martinsville Senior Center at 403.5260 or Henry County Parks & Recreation at 634.4644.

Date/Time: Thursday, May 8th 8:00am - 12:00pm

Clinical Tests begin at 8:00am Lunch will be served

Lancer Hall in Laurel Park on 58 East Location:

EAT SMART AND MOVE MORE - HEALTHY GRILLING OUTDOORS

Join us under the shelter for Eat Smart and Move More with Kim Hairfield, Family Nutrition Program Assistant with the Virginia Cooperative Extension office. This class will focus primarily on healthy grilling options and packing for a picnic. Each week we will prepare a new recipe, learn about healthy food choices and food safety for outdoor activities. These very simple changes to your everyday life will have a positive impact on your future.

Date/Time: Thursdays, August 21st - Sept. 25th

1:00pm - 2:00pm

Jack Dalton Park Shelter Location: 130 Jack Dalton Road, Martinsville, VA

Cost: Free

EAT SMART AND MOVE MORE

Join Kim Hairfield with the Virginia Cooperative Extension office, for Virginia's Family Nutrition Education Program, Eat Smart, Move More. She will demonstrate very simple changes to your everyday life that will have a positive impact on your future and offer tips on nutrition. Each week we will sample a low cost recipe and have new recipes to take home. You must attend all classes to receive a free cookbook and cooking tools. So come on out to see how you can make simple changes for a healthy life! Please call 634.4644 to register and for information regarding the location

Date/Time: Thursdays for 6 weeks, starting May 15

1:00pm - 2:00pm

Meadow Christian Church Location:

1140 Meadowwood Trail, Martinsville, VA

Cost Free

DROP-IN ACTIVITIES

Bingo 1st & 3rd Tuesdays of each month • 1:00 p.m.

Bridge 1st and 3rd Thursdays of each month • 12:30 p.m. (Please have four people to play at your table.)

Book Bingo 4th Tuesday of each month in June & August • 1:30 p.m.

Walking Club Mondays & Wednesdays (Weather permitting except holidays) 6:00am Dick & Willie Walk Mondays & Wednesdays 8:15am (Weather permitting except holidays) Liberty Street Trailhead

Activities are held at the Henry County Admin. Building in Room #1 (right side room next to the main boardroom.) The Walking Club meets at Jack Dalton Park located off Kings Mountain Road. Book Bingo meets at the Collinsville Branch Library.

DROP-IN HEALTH SCREENI

The drop-in health screenings are free and available to all adults 50 and above. These screenings are designed to promote awareness and healthier lifestyles for seniors

GOLDEN LIVING CENTER WILL CONDUCT A FREE BLOOD PRESSURE SCREENING:

Time/Days: May 20, June 17, July 15, August 19 from 12:30pm to 1:00pm Location: Room # 1 of the Henry County Admin. Bldg. Cost: Free

PRIVACARE WILL CONDUCT A FREE BLOOD SUGAR SCREENING Time/Days: May 13, June 10, July 8, August 12 from 8:00am to 9:00am Location: Room # 1 of the Henry County Admin. Bldg. Cost: Free

50 PLUS CLUB

ART OF THE MONTH

Join us for our Art of the Month class. Karen Eggleston, QVC artist, will instruct the class at the Collinsville Branch Library on the third Monday of each month. These unique crafts also make great gifts! Space is limited so pre-register early. Please pre-register by calling Henry County Parks & Recreation at 634.4644.

Date/Time: Mondays • 3-5pm and 6-8pm

May 19 "PAINT GRAPES ON A WINE BOTTLE"

Paint grapes on wine bottle, insert lights. Please bring brushes for painting on glass. Wine bottle, paint and other supplies included. (Additional classes will be scheduled if necessary.) NOTE: Class is limited to six participants. Cost: \$15.00.

June 16 "PAINT GRAPES ON 4 WINE GOBLETS"

Paint grapes on 4 wine goblets. (Bring your bottle from the May class if you would like to match the grapes) Please bring brushes for painting on glass. Goblets, paint and other supplies included. (Additional classes will be scheduled if necessary.) NOTE: Class is limited to six partic-

ipants. Cost: \$15.00.

July 21 "CHRISTMAS TRI-FOLD CARD"

This is a paper class. We will make a Christmas tri-fold card. This class was very popular in the past. All supplies included. Cost: \$12.00

August 18 "PAINT A CHRISTMAS SCENE ON A

WINE BOTTLE"

Paint a Christmas scene on a wine bottle, insert lights. Please bring brushes for painting on glass. Wine bottle, paint and other supplies included. 3:00 – 5:00 and a second class 6:00 – 8:00. (Additional classes will be scheduled if necessary.) NOTE: Class is limited to six participants. Cost: \$15.00.

ticipants. Cost: \$15.00.

Location: Collinsville Branch Library, 2540 Virginia Ave, Collinsville, VA

WALKING ON THE DICK & WILLIE PASSAGE

Let's go walking on the Dick & Willie Passage. This 4.5 mile paved trail follows the path of the old Danville & Western Railway, starting on the west end of Virginia Avenue, continuing across Martinsville & Henry County and ending at Mulberry Creek. We plan to walk on Mondays and Wednesdays, weather permitting. Just remember that any increase in walking will promote good health. Seniors interested in this program will need to pre-register with Henry County Parks & Recreation Senior Services at 634.4644.

Date/Time: Mondays & Wednesdays, weather permitting, except holidays: 8:15am

Liberty Street Trailhead of the Dick &

Willie Passage

Cost: Free

Location:

FRUIT ART WORKSHOP

Setting up a table, whether for a party or a simple meal with the family, we are always aiming to make it as beautiful and enjoyable as possible. We are here to help make your party one of a kind. That is right...fruit decorations! We have got ideas for everyone. We will provide you with some very simple skills and techniques that will enable you to make incredible and awesome fruit decorations that everyone will love, but may be too beautiful to eat. Please pre-register with the Henry County/Martinsville Virginia Cooperative Extension Office at 634.4650 by April 24th. Please make checks payable to: Henry/Martinsville VCE.

Date/Time: May 1 • 10:00am - 2:00pm

Location: Henry County Admin. Bldg. Rm#2 3300 Kings Mountain Rd., Martinsville, VA

Cost: \$10

SENIOR SUMMER BOWLING LEAGUE

The Senior Summer Bowling League is open to all adults age 50 and above. The senior bowling league is designed to be fun and allow for seniors to get some exercise. Beginners as well as experienced bowlers are welcome. Preregistration is required to bowl. Names will be taken on a first-come, first-serve basis. For additional information or to pre-register, please call 632.6060. Registration ends May 21, 2014 or when teams are filled.

Date/Time: Wednesdays, beginning June 4 • 9:15am

Practice begins at 9:05am
Location: Sportlanes in Martinsville
Cost: \$5 for three games,

includes bowling ball and shoes

FUNDAMENTALS OF BOWLING

Sportlanes and Henry County Parks & Recreation will be hosting a class designed to teach individuals 50 years of age and older the fundamentals of bowling. Learn the basics of bowling in just a few short weeks. The class will teach you how to properly hold the bowling ball, how to roll the bowling ball, using proper stance, and utilizing the computer for scoring. Beginners and experienced bowlers are welcome to attend. Pre-registration is required by calling 276-634-4644. Space is limited so please sign up early.

Date/Time: Tuesday of each week for five weeks,

beginning May 6 • 1:00pm - 2:00pm

Location: Sportlanes

Cost:

10 Koehler Road, Martinsville, VA

\$20 for five weeks

FIRST FRIDAYS AT THE LANES

Sportlanes is the place to be on the first Friday of each month. Join us for First Fridays at the Lanes. Sportlanes in conjunction with the Henry County Parks & Recreation will sponsor its first ever Senior Social with each game of bowling costing only \$1.00 with coffee and refreshments provided free. Come on out and socialize, bowl and just have a good time.

Date/Time: Fridays, May 2, June 6, and August 1

9:00am - 11:00am Location: Sportlanes

10 Koehler Road, Martinsville, VA

Cost: \$1 a game

EAT SMART AND MOVE MORE WITH STIR FRY

Come and join Kim Hairfield with the Virginia Cooperative Extension office, for Virginia's Family Nutrition Education Program, Eat Smart, Move More. She will teach you very simple changes to your everyday life that will have a positive impact on your future and offer tips on nutrition. She will teach you how to read and understand food labels, how to keep your kitchen safe, exercise without leaving your living room and lots of new tips and ideas. Each week we will prepare a tasty and low cost healthy stir fry recipe. Upon completion of all six classes, you will receive a cookbook and cooking tools. You must pre-register by calling 634.4644 as soon as possible.

Date/Time: Thursday of each week for 6 weeks, starting July 10 • 12:00pm - 1:00pm

Location: VA Cooperative Extension Office

3300 Kings Mountain Rd., Martinsville, VA

Cost: Fre

MOVIE DAY

Henry County Parks & Recreation plans to spend a few afternoons at the movie theater. The movies that play in our area may change from week to week and that change generally occurs on Fridays. We will announce the movie we plan to attend on or before the Friday before the week we plan to go. Give us a call at 634.4644 to check on the movie we plan to see and for additional details. If you choose to provide us with an e-mail address, we will be happy to send the information to you. Hope you make plans to join us.

Date/Time: To be determined Location: Varies

Cost: To be announced

~ UPTOWN FARMER'S MARKET ~

The 2014 season of the Uptown Martinsville Farmer's Market will officially begin on Saturday, April 26th - June 21st from 7am - 12 noon rain or shine, June 23 - September 27th on Mondays from 4 pm - 7 pm, Wednesdays from 7 am - 12 pm and Saturdays from 7 am - 12 noon. They will also be open starting October 4th - October 25 on Saturdays from 7 am - 12 noon.

For those seniors in need of transportation, Henry County Parks & Recreation will be furnishing a limited amount of transportation to the Uptown Martinsville Farmer's Market on Wednesdays starting June 23rd through September 27th from 7 am — 12 pm. If you have no other means of transportation and are interested in transportation to the Uptown Martinsville Farmer's Market please call us at 634.4644. Transportation requests will be taken on a first come first serve basis. **Just a reminder to Eat Fresh & Shop Local.**

HEALTH CARE SCREENINGS AND INFORMATION

Martinsville Urgent Care will be available every 4th Thursday of each month to provide free health screenings and health care information to individuals 50 years of age & older. A member of their staff will be available to check your blood pressure and conduct a random blood sugar test. Blue Ridge Village will be available to discuss alternative health care needs and Mountain Valley Hospice & Palliative Care will conduct an individual oxygen saturation test. You may want to call the office the day before the screening to confirm the provider you are interested in will be onsite. Last minute changes sometimes occur. For additional information, please call Henry County Parks & Recreation at 634.4644.

Date/Time: May 22, June 26, July 24 and August 28

9:00am - 11:00am

Location: Henry County Administration Bldg. Lobby

Cost: Free

SENIOR BOWLING APPRECIATION DAY

Henry County Parks & Recreation and Sportlanes are proudly sponsoring Senior Bowling Appreciation Day. We appreciate those seniors who are bowling on the senior leagues and would like to encourage additional senior participation in the leagues. Bowling could play a part in promoting a healthier lifestyle for you. We invite anyone 50 years of age and older to bowl with us for free on Friday, September 5th at Sportlanes from 9:00 am to 12 noon. We will have information available about the upcoming senior leagues. Bring a friend and join us for some fun.

Time/Days: Friday, September 5, 2014/9 – 12 noon

Location: Sportlanes, 10 Koehler Road,

Martinsville, VA 24112

Cost: FREE 50 YEARS OF AGE AND OLDER

BEGINNING KNITTING

Henry County Parks & Recreation will sponsor a knitting class for adults 50 years of age and older. If you are interested in learning the basics of knitting, this is the class for you. Fern Kanode will instruct the class. For additional information and to pre-register, please call 634.4644. PRE-REGISTRATION WITH OUR DEPARTMENT IS REQUIRED.

Time/Days: Thursdays, August 7 - 28

Class is for 4 weeks from 9:00 am – 11:00 am Starling Avenue Baptist Church

Location: Starling Avenue Baptist Church 932 Starling Avenue, Martinsville

Info: Participants are responsible for bringing one skein of soft worsted yarn (choice of Red

Heart Super Saver, Lion Brand Vanna's Choice or Deborah Norville Everyday) and US Size 10 knitting peoples

US Size 10 knitting needles.

Cost: \$5

ADVANCED KNITTING

Henry County Parks & Recreation will sponsor an advanced knitting class for adults 50 years of age and older. If you are interested in learning advanced knitting techniques, this is the class for you. Fern Kanode will instruct the class. For additional information and to pre-register, please call 634.4644. PRE-REGISTRATION WITH OUR DEPARTMENT IS REQUIRED.

Time/Days: Thursdays, August 7 - 28

Class is for 4 weeks • 11:00 am - 1:00 pm

Location: Starling Avenue Baptist Church 932 Starling Avenue, Martinsville

Info: Participants responsible for furnishing a pattern of their choice with appropriate yarn

and needles.

Cost: \$5

YOGA

A Yoga class is a great way to start your morning. Join us for this new Yoga class designed to give you greater relaxation, energy and joy. You must provide your own yoga mat and pre-register at 634.4644. Space is limited for this free class so please sign up early.

Time/Days: Tuesdays • 11:00am

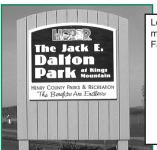
Location: Stanleytown United Methodist Church

in the fellowship hall

24 Maplewood Ave., Stanleytown, VA

Cost: Free

THERE'S SOMETHING FOR EVERYONE AT A PARK



Located in Collinsville behind the Henry County Administration Building on Jack Dalton Road. Facilities include:

- Lighted, Paved Walking Trail
- Beach Volleyball Court
- Picnic Shelter
- Restrooms
- Two Baseball / Softball Fields
- Open Space
- Playground
- Cooking Grills

Located in Collinsville on Parkwood Court. Facilities include:

- 4 Lighted Tennis Courts
- Two Picnic Shelters
- Hiking Trail
- Cooking Grills
- Playgrounds
- Restrooms
- Open Space
- Wooded Areas





Located in Ridgeway on Leisure Trail. Facilities include:

- Playground
- Two Picnic Shelters
- Open Space
- Wooded Areas
- Two Baseball / Softball Fields
- Restrooms
- Cooking Grills

Henry County Parks and Recreation operates and maintains seven parks and nineteen other recreational facilities with a total of 435 acres in the county. All of our parks have recently been renovated and offer a variety of recreation opportunities. The parks, their locations and amenities are described herein.

If your family, church or company is planning a special event, the Henry County Parks and Recreation Shelters located at our parks make great locations for gatherings. With all of the amenities we provide, we are sure you will find a park and location that is suitable for your event. Reservations may be made six months to the day in advance in our office. Reservations may also be made online. Please contact our office for a username and online password.

Rates for the shelters are:

LARGE SHELTERS

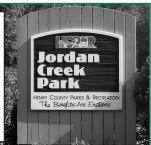
.....Full Day - \$30.00

SMALL SHELTERS

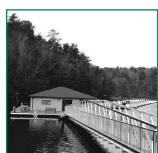
.....Full Day - \$20.00

Located in Fieldale on Creekside Drive. Facilities include:

- 2 Lighted Baseball / Softball Fields
- Open Space
- Picnic Shelter
- Playground
- Restrooms
- Cooking Grills







Philpott Marina is located on Philpott Lake in Bassett, VA Facilities include:

- A 40 slip marina
- Store with concessions and fishing supplies
- Restrooms
- Group campground



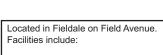
Located in Martinsville on DuPont Road. Facilities include:

- Hiking Trails
- Picnic Areas
- Cooking Grills
- Wooded Areas
- Creeks and Streams

The Smith River Trails include:

- Bassett Canoe Access
- The Great Road Canoe Access
- Fieldale Canoe Access
- Doe Run Canoe Access South Martinsville Canoe Access
- Sports Complex Canoe Access
- Marrowbone Canoe Access
- Mitchell Bridge Canoe Access
- Fieldale Walking Trail Dick and Willie Rail Trail





- Baseball / Softball Field
- Picnic Shelter
- Cooking Grills
- Restrooms
- Open Space
- Playground





Located in Ridgeway on Eggleston Falls Road. Facilities include:

- Hiking Trails
- Picnic Shelter
- Cooking Grills
- Wooded Areas
- Restrooms

YOUTH ATHLETICS

FLAG FOOTBALL

GIRLS BASKETBALL TACKLE FOOTBALL **GIRLS VOLLEYBALL**

League play is offered for boys and girls ages 7-8 as of October 1, 2014

Teams are based at each elementary school.

Registration Deadline: August 15, 2014

Practice & Game Dates: September through November League play is offered for girls ages 8-13 as of October 1, 2014

Teams are based at each elementary and middle schools.

> Registration Deadline: August 15, 2014

Practice & Game Dates: September through November League play is offered for boys ages 11-13 as of October 1, 2014

Teams are based at each middle school.

> Tryouts: Middle of August

Practice & Game Dates: September through November League play is offered for girls ages 11-13 as of October 1, 2014

Teams are based at each middle school.

Registration Deadline: November 14, 2014

Practice & Game Dates: **December through February**

Our department has a weather hotline number that parents and coaches can call on days when it has been raining to find out if games are still being played. Call after 4:00pm on weekdays and 9:00am on Saturdays. 634-4636



The 7th annual Smith River Fest is truly a celebration of all things associated with the Smith River and outdoor recreation: paddling, hiking, biking, fishing and nature watching! Featured activities this year include a river boat race, mud run, live music, petting zoo, children's activities, beer garden, rock climbing wall, food, arts and craft vendors and much more.

Saturday, August 9, 2014 9:00am-5:00pm **Smith River Sports Complex** Free Admission

JUNIOR TACKLE FOOTBALL

League play is offered for boys and girls ages 9-10 as of October 1, 2014

Teams are based at each elementary school.

Registration Deadline: August 15, 2014

Practice & Game Dates: September through November

FOOTBALL SPIRIT SQUAD TRYOUT

The Henry County Parks & Recreation Football Spirit Squad Program is available for girls going into grades 6-8 in the 2014-2015 school year.

Tryouts will be conducted at both middle schools August 18-20, 2014 • 3:30pm - 5:30pm

There will be two spirit squads for each middle school consisting of 20 girls per team.

VOLUNTEER YOUTH SPORTS COACHES DESERVE SPECIAL MENTION

We would like to thank the following coaches for taking time to be a volunteer youth sports coach. The time spent and your commitment are valuable to thousands of Henry County children and is appreciated by the Henry County Parks & Recreation Staff.

BOYS BASKETBALL

Walter Chism Thomas Adkins EJ Moyer James Hairston Kav Newcomb Randy Kendrick Wesley Childress

Vincent Martin **Eddie Sechrist** Scott Gardner John Scearce John Athev Joe Brooks

Ben Hairfield Tina Farris Terry Kellam James Lopp CJ Martin Karen Ross

Terrana Hairston Lee Hughes **Kevin Hairston Teddy Dalton** Stacev Brown Tim Gleason

BASKETBALL SPIRIT SQUAD

Tina Gauldin Kristie Strader Missy Wood Toni Kendrick Sue Hairston